



Bruschetta Chicken

with Broccolini & Garlic Potatoes

4
SERVES

10 MIN
PREP

30 MIN
COOK

EASY
SKILL

92788
ITEM #

INGREDIENTS (INCLUDED)

- Boneless Skinless Chicken Breasts (4 filets)
- Roasted Tomato Bruschetta Topping (10 oz.)
- Garlic Parsley Creamer Potatoes (1 lb.)
- Broccolini (1 bunch)
- Fresh Basil (.75 oz.)
- Grated Parmesan Cheese (3 oz.)
- Olive Oil



SPICE LEVEL

Mild



NUTRITIONAL ATTRIBUTES

Gluten Free
Low in Saturated Fat
High in Protein
Lean Source of Protein
Under 500 Calories (per serving)



SUGGESTED WINE PAIRING

Pinot Grigio



SUGGESTED PREPARATION INSTRUCTIONS (SEE REVERSE SIDE)

Use within 3 days of delivery or pick up.

ALLERGENS:
Dairy (parmesan).

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SUGGESTED PREPARATION INSTRUCTIONS (IN RECOMMENDED ORDER)

1: Chicken & Broccolini

OVEN

Preheat oven to 375 degrees. Remove chicken breasts from packaging and place to one side of a greased, 9x13 glass baking dish (optional: line the dish with aluminum foil). Brush the top of the chicken breasts with small amount of olive oil and season with salt and pepper. Place in oven and set the timer for 15 minutes.

Meanwhile, rinse the broccolini spears and pat dry. Then trim the ends of the spears, drizzle the remaining olive oil over all the spears, and sprinkle with salt and pepper. Pluck 4-5 large basil leaves from the stems. Stack the leaves together and roll them from the long edge into a tight tube. Starting at the end of the leaf tube cut thin slices to create ribbons of basil. Add the basil to the bruschetta topping and mix well.

When the timer goes off, remove the baking pan from the oven. Spoon the bruschetta mixture over the top of the chicken. Arrange the broccolini spears evenly in the pan with the chicken and return the pan to the oven. Set the timer for another 15 minutes.

2: Potatoes

MICROWAVE

Remove the cardboard sleeve and seasoning pack, leave the plastic cover intact (to allow potatoes to steam). Microwave the tray of potatoes on high for 5 minutes. Let it rest for 2 minutes. Carefully remove the plastic cover and stir in the seasonings. If desired, add 1 tablespoon of butter or olive oil.

Remove the chicken and broccolini from the oven and top the chicken with the parmesan cheese, if desired. Serve with the potatoes.

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